

**OPTIMIZED  
PERFORMANCE**



**ACTIVE  
RECOVERY**



Committed to  
good health and well-being





# STENDO® expertise to boost recovery



## STIMULATING ACTION

STENDO® activates in a completely innovative way the veno-lymphatic drainage. The physiological training / recovery processes are stimulating, within a very short period of time and without any constraint for the athlete.



## MICRO-LESION TREATMENT

STENDO® tissue pulsatile mobilization promotes the healing process of micro-lesions D.O.M.S, optimizes the reconstruction of muscle fibers, mobilizes fascias and regulates the inflammatory processes



## STRESS AND SLEEP MANAGEMENT

The quality of the STENDO® cardio-synchronized massage produces relaxing effects and improves the quality of sleep.